

## **National Taiwan Normal University Department of Educational Psychology & Counseling Doctoral Course Essentials: “Advanced Internship in Counseling Psychology”**

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1. Target: 3<sup>rd</sup>-year doctoral students in “Advanced Internship in Counseling Psychology (I), (II)”
2. Credits: This is a required course to be taken as Part I and Part II in two consecutive semesters within the academic year.
3. Prerequisites:
  - a. Professional Practicum must progress for one academic year, or in two consecutive semesters.
  - b. Professional Practicum aims at assisting students’ synthesis of specialization knowledge acquired in doctoral courses and enhancement of clinical skills developed in the “Psychological Counseling Practicum” course.
  - c. Students can only apply after completion of two years in the doctoral program and after completion of courses required in the respective curricular domains (with the exception of “Advanced Internship in Counseling Psychology (I), (II)”).
  - d. Placement in an internship agency that offers professional supervision. The supervisor must possess a doctorate in counseling psychology or related field, professional experience as a senior psychotherapist or primary clinician, and consent of the course instructor for the duration of the academic year.
  - e. The clinical supervisor must submit a practicum evaluation form at the conclusion of practicum placement.
  - f. Professional Practicum duties include trainee observation, participation in case discussions, individual counseling, group counseling, psychological assessment, supervision training (junior level), promotion of mental health and prevention, and administrative experiences, etc.. Time commitment should first be determined by the Agency’s requirements, which should amount to at least a total of 400 hours during

the academic year. The specific break-down of time and associated training experiences follow:

- i. Individual counseling, marital or family counseling and psychotherapy, group counseling and psychotherapy, individual evaluation and psychological assessment: At least 240 hours per year.
  - ii. Agency supervision: Administrative supervision (the amount of time to be arranged with the Agency), at least one hour of professional supervision per week, with the total amounts to at least 40 hours a year.
  - iii. Course supervision: At least 3 hours a week under the supervision and guidance of the course instructor.
  - iv. Provision of training and supervision: 3-6 hours a week of training and supervising the counseling work of master's or lower-level students, the Department also offers opportunities to provide individual supervision to 1-2 cases, 1 group supervision, and practicum experience as a teaching assistant (TA). If needed, these experiences can take place at the Agency under the supervision of the course instructor.
- g. Practicum students must abide by professional counseling ethics.

#### 4. Planning for Professional Practicum

- a. Students who plan to enroll in Professional Practicum must inform their academic advisor, apply two months in advance, and obtain the academic advisor's approval before commencing the practicum.
- b. The Professional Practicum plan should include the following:
  - i. Practicum placement agency;
  - ii. Training goals in practicum;
  - iii. Duration period and total hours of practicum placement;
  - iv. Practicum tasks and their respective allocated time;
  - v. Supervisor identified and supervision modality;
  - vi. Practicum student's roles and functions in the agency;
  - vii. Detailed delineation of personal professional growth and goals expected through practicum's training;
  - viii. Others.
- c. After the Professional Practicum plan is approved, the Department will verify the details with the internship agency in an official document.

#### 5. Evaluation of Professional Practicum

- a. Practicum trainee's performance is evaluated by both the agency's supervisor and the course instructor. Refer to the "Practicum Performance Evaluation Form" in Table 1 attached.
- b. A professional practicum summary report must be submitted one week after the conclusion of practicum. Based on the practicum goals initially approved, the report should include a self-evaluation of clinical effectiveness, and recommendations for the internship agency.
- c. At the end of the semester, the practicum trainee should return to the course instructor the "Practicum Activity Hours Log," which must first be signed and approved by the

- practicum supervisor. The course instructor will use the “Practicum Activity Hours Log” to determine course grade. Refer to Table 2 attached.
- d. At the end of practicum training, trainee should complete the “Feedback to Practicum Agency Form” (Refer to Table 3 attached) to assist the agency’s planning for future practicum training.
6. During the course of practicum training, if traineeship experiences satisfy the requirements of counseling psychologist examination and Enforcement Rules of the Psychologists’ Act (i.e., total practicum hours exceed 1,500 hours, direct service hours exceed 360 hours, individual supervision hours exceed 50 hours), this course fulfills the curricular internship qualification for trainee to sit for the counseling psychologist examination.
  7. Implementation of counseling practicum and supervision practicum should adhere to the following departmental guidelines:
    - a. All supervision matters related to undergraduate, master’s, and doctoral counseling practicum must be coordinated with department’s curriculum planning that takes place in the second semester of each academic year. In the subsequent academic year, doctoral courses in “Counseling Supervision and Practicum (I), (II)” and “Advanced Internship in Counseling Psychology (I), (II)” must align with master’s courses in “Practicum in Counseling Psychology (I), (II)” and “Internship in Counseling Psychology (I), (II),” as well as align with undergraduate courses in “Teaching Practicum: Guidance (I), (II),” “Teaching Practice in Career Planning,” “Educational Service Learning in Career Planning,” and “Practicum of School Counseling (I), (II).” Instructors of counseling practicum courses across the degree levels must convene and coordinate course offering and course alignment matters in advance.
    - b. Supervisees (undergraduate and master’s students under the supervision of doctoral students) must provide feedback about supervision (to doctoral students).